

Pabianice, Lewityn 2025-01-26

8 PABIANICKI BIEG WOŚP Policz się z cukrzycą

Wyniki Open NORDIC WALKING

| Miejsce | Nr | Nazwisko / Imię | Miejscowość | Klub/Drużyna | Kategoria | Okr. 1 | Okr. 2 | Okr. 3 | Okr. 4 | Czas sum. | Vśr | Różnica |
|---------|-----|----------------------|------------------|-------------------------------|----------------------|---------------|---------------|---------------|---------------|-----------|-----|----------|
| 1 | 276 | WINCZEWSKI Piotr | Pabianice | Azymut Pabianice | Nordic Mężczyźni - 1 | 00:07:44 / 1 | 00:08:05 / 1 | 00:08:10 / 1 | 00:08:16 / 1 | 00:32:17 | 9.3 | 00:00:00 |
| 2 | 218 | SEKIETA Marek | Pabianice | OiZ PŁ | Nordic Mężczyźni - 2 | 00:08:55 / 2 | 00:08:52 / 2 | 00:08:53 / 2 | 00:08:43 / 2 | 00:35:26 | 8.5 | 00:03:08 |
| 3 / 1 | 250 | ŚCIBUT Anna | Pabianice | Forma na Piątkę | Nordic Kobiety - 1 | 00:09:02 / 3 | 00:08:50 / 3 | 00:08:52 / 3 | 00:08:48 / 3 | 00:35:34 | 8.4 | 00:03:16 |
| 4 | 177 | OLEJNICZAK Piotr | Pabianice | Grupa 3-2-1 SJ I NW Pabianice | Nordic Mężczyźni - 3 | 00:09:03 / 4 | 00:09:05 / 4 | 00:09:23 / 4 | 00:09:30 / 4 | 00:37:01 | 8.1 | 00:04:44 |
| 5 / 2 | 99 | JERZAK Agnieszka | Czechło Drugie | Forma na Piątkę | Nordic Kobiety - 2 | 00:09:38 / 7 | 00:09:25 / 6 | 00:09:19 / 6 | 00:09:09 / 5 | 00:37:32 | 8 | 00:05:14 |
| 6 / 3 | 4 | ANIMUCKA Zofia | Czechło Pierwsze | Forma na Piątkę | Nordic Kobiety - 3 | 00:09:38 / 6 | 00:09:24 / 5 | 00:09:19 / 5 | 00:09:10 / 6 | 00:37:32 | 8 | 00:05:15 |
| 7 / 4 | 238 | SZANDA Bogusława | Czyżeminek | O co biega | Nordic Kobiety - 4 | 00:09:53 / 8 | 00:09:31 / 8 | 00:09:33 / 7 | 00:09:36 / 7 | 00:38:34 | 7.8 | 00:06:17 |
| 8 / 5 | 266 | USIAK Kamila | Pabianice | SzymTeam | Nordic Kobiety - 5 | 00:10:19 / 9 | 00:09:55 / 9 | 00:10:12 / 9 | 00:10:11 / 8 | 00:40:38 | 7.4 | 00:08:21 |
| 9 / 6 | 213 | ROPEGA Anna | Czechło Pierwsze | brak | Nordic Kobiety - 6 | 00:10:22 / 10 | 00:09:59 / 10 | 00:10:08 / 10 | 00:10:10 / 9 | 00:40:40 | 7.4 | 00:08:22 |
| 10 / 7 | 178 | OLEJNIK Iwona | Pabianice | brak | Nordic Kobiety - 7 | 00:10:37 / 12 | 00:10:11 / 12 | 00:10:14 / 12 | 00:10:20 / 10 | 00:41:24 | 7.2 | 00:09:06 |
| 11 / 8 | 253 | ŚLIWIŃSKA Grażyna | Ksawerów | brak | Nordic Kobiety - 8 | 00:10:37 / 13 | 00:10:11 / 13 | 00:10:14 / 11 | 00:10:21 / 11 | 00:41:25 | 7.2 | 00:09:07 |
| 12 / 9 | 55 | FILIPIAK Danuta | Pabianice | Grupa 3-2-1 SJ I NW Pabianice | Nordic Kobiety - 9 | 00:10:33 / 11 | 00:10:14 / 11 | 00:10:18 / 13 | 00:10:23 / 12 | 00:41:28 | 7.2 | 00:09:11 |
| 13 / 10 | 176 | OLEJNICZAK Dorota | Pabianice | Grupa 3-2-1 SJ I NW Pabianice | Nordic Kobiety - 10 | 00:10:38 / 15 | 00:10:30 / 14 | 00:10:46 / 14 | 00:10:42 / 13 | 00:42:38 | 7 | 00:10:20 |
| 14 / 11 | 63 | GIEDROJĆ Katarzyna | Pabianice | O co biega | Nordic Kobiety - 11 | 00:10:38 / 14 | 00:10:30 / 15 | 00:10:47 / 15 | 00:10:43 / 14 | 00:42:39 | 7 | 00:10:21 |
| 15 / 12 | 61 | GAWRON Anna | Okup Mały | brak | Nordic Kobiety - 12 | 00:10:48 / 16 | 00:10:39 / 16 | 00:10:50 / 16 | 00:11:08 / 15 | 00:43:27 | 6.9 | 00:11:09 |
| 16 | 70 | GRABOWSKI Andrzej | Łódź | ENDRIU | Nordic Mężczyźni - 4 | 00:11:33 / 17 | 00:11:28 / 17 | 00:11:35 / 17 | 00:11:33 / 16 | 00:46:12 | 6.5 | 00:13:54 |
| 17 / 13 | 180 | OLSZEWSKA Małgorzata | Czestków-Osiedle | brak | Nordic Kobiety - 13 | 00:12:16 / 19 | 00:12:04 / 20 | 00:11:56 / 20 | 00:12:08 / 17 | 00:48:25 | 6.2 | 00:16:08 |
| 18 | 181 | OLSZEWSKI Wiktor | Czestków-Osiedle | brak | Nordic Mężczyźni - 5 | 00:12:17 / 20 | 00:12:02 / 19 | 00:11:57 / 19 | 00:12:09 / 18 | 00:48:26 | 6.2 | 00:16:08 |
| 19 | 197 | PŁÓCIENNICZAK Paweł | Buczek | brak | Nordic Mężczyźni - 6 | 00:12:17 / 21 | 00:12:04 / 21 | 00:11:57 / 21 | 00:12:07 / 19 | 00:48:26 | 6.2 | 00:16:08 |
| 20 / 14 | 199 | PŁUCIENNIK Olga | Pabianice | brak | Nordic Kobiety - 14 | 00:11:50 / 18 | 00:11:12 / 18 | 00:11:42 / 18 | 00:13:52 / 20 | 00:48:37 | 6.2 | 00:16:19 |

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|---------|-----|--|-----------------------|--------------------|----------------------------|------------------|------------------|------------------|------------------|-----------|-----|----------|
| 21 | 25 | BRYSZEWSKI Jan | Łask | brak | Nordic Mężczyźni - 7 | 00:09:06 / 5 | 00:09:58 / 7 | 00:11:12 / 8 | 00:18:30 / 21 | 00:48:47 | 6.1 | 00:16:30 |
| 22 / 15 | 154 | MACKIEWICZ Joanna | Pabianice | brak | Nordic Kobiety - 15 | 00:12:32 / 23 | 00:12:08 / 22 | 00:12:01 / 22 | 00:12:34 / 22 | 00:49:16 | 6.1 | 00:16:58 |
| 23 / 16 | 290 | ZAKRZEWSKA Izabela | Łask | brak | Nordic Kobiety - 16 | 00:12:31 / 22 | 00:12:25 / 23 | 00:12:27 / 23 | 00:12:22 / 23 | 00:49:47 | 6 | 00:17:29 |
| 24 / 17 | 200 | PŁUCIENNIK Agnieszka | Pabianice | brak | Nordic Kobiety - 17 | 00:12:44 / 26 | 00:12:17 / 26 | 00:12:46 / 24 | 00:12:43 / 24 | 00:50:32 | 5.9 | 00:18:14 |
| 25 / 18 | 293 | ZAWIASA Anna | Łask | brak | Nordic Kobiety - 18 | 00:12:43 / 24 | 00:12:17 / 24 | 00:12:47 / 25 | 00:12:45 / 25 | 00:50:33 | 5.9 | 00:18:16 |
| 26 / 19 | 201 | PŁUCIENNIK Katarzyna | Pabianice | Adamed | Nordic Kobiety - 19 | 00:12:43 / 25 | 00:12:17 / 25 | 00:12:47 / 26 | 00:12:45 / 26 | 00:50:34 | 5.9 | 00:18:16 |
| 27 / 20 | 246 | SZYMAŃSKA Anna | Aleksandrów Łódzki | brak | Nordic Kobiety - 20 | 00:14:10 / 31 | 00:13:39 / 31 | 00:13:40 / 31 | 00:12:32 / 27 | 00:54:03 | 5.5 | 00:21:45 |
| 28 / 21 | 127 | KOWALCZYK Łucja | Łódź | brak | Nordic Kobiety - 21 | 00:14:09 / 28 | 00:13:39 / 29 | 00:13:37 / 29 | 00:12:38 / 28 | 00:54:04 | 5.5 | 00:21:46 |
| 29 / 22 | 264 | TOPOLSKA Marzanna | Łódź | brak | Nordic Kobiety - 22 | 00:14:10 / 32 | 00:13:40 / 32 | 00:13:40 / 32 | 00:12:32 / 29 | 00:54:04 | 5.5 | 00:21:46 |
| 30 / 23 | 2 | ADAMIAK Joanna | Łódź | brak | Nordic Kobiety - 23 | 00:14:10 / 30 | 00:13:39 / 30 | 00:13:36 / 30 | 00:12:38 / 30 | 00:54:04 | 5.5 | 00:21:46 |
| 31 | 33 | ADAMIAK Wojciech | Łódź | brak | Nordic Mężczyźni - 8 | 00:14:09 / 29 | 00:12:54 / 28 | 00:12:17 / 27 | 00:14:43 / 31 | 00:54:05 | 5.5 | 00:21:47 |
| 32 / 24 | 94 | JANETA Aleksandra | Pabianice | Forma na Piątkę | Nordic Kobiety - 24 | 00:13:10 / 27 | 00:12:38 / 27 | 00:14:15 / 28 | | 00:40:03 | 5.6 | -1 okr. |

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| Ukończyło: | 32 | Przygotowanie i pomiar czasu ProTimer (www.ProTimer.pl), wydrukowano 2025-03-26 |
| Wystartowało: | 32 | |
| Zapisało się: | 37 | |