



Warszawa - Ursus 25.05.2019

VII edycja VEOLIA URSUSBIEGA 2019

Wyniki Open 10km

| Miejsce | Nr | Nazwisko / Imię | Miejscowość | Klub/Drużyna | Kategoria | Okr. 1 | Okr. 2 | Czas sum. | Vśr | Różnica |
|---------|-----|-------------------------------------|---------------------|----------------------------------|-----------------------------------|----------|----------|-----------|------|----------|
| 1 | 316 | KROCHMAL Paweł | Warszawa | Biegaj z Ursusem | M 19-29 lat - Open / 1 | 00:17:22 | 00:17:32 | 00:34:54 | 17.2 | 00:00:00 |
| 2 | 293 | MICHAŁOWSKI Daniel | Grodzisk Mazowiecki | Dogoń Grodzisk Mazowiecki | M 19-29 lat - Open / 3 | 00:17:43 | 00:17:48 | 00:35:31 | 16.9 | 00:00:36 |
| 3 | 309 | KALIŃSKI Przemysław | Warszawa | Biegaj z Ursusem | M 30-39 lat - Open / 2 | 00:17:42 | 00:18:03 | 00:35:46 | 16.8 | 00:00:51 |
| 4 | 193 | WYSOCKI Marcin | Michałowice | WARSZAWIAKY | M 30-39 lat - 1 / 4 | 00:17:48 | 00:18:29 | 00:36:16 | 16.5 | 00:01:21 |
| 5 | 194 | BESSER Piotr | Warszawa | rohacka.pl | M 40-49 lat - 1 / 5 | 00:18:03 | 00:18:52 | 00:36:55 | 16.2 | 00:02:00 |
| 6 | 274 | KAWA Michał | Sulejówek | Rozbiegany Sulejówek | M 19-29 lat - 1 / 8 | 00:18:50 | 00:18:32 | 00:37:22 | 16 | 00:02:27 |
| 7 | 306 | MAŁECKI Maciej | Warszawa | Runner 2.5 / ForPro Running Team | M 30-39 lat - 2 / 7 | 00:18:29 | 00:19:33 | 00:38:03 | 15.8 | 00:03:09 |
| 8 | 245 | STAWICKI Grzesiek | Warszawa | Biegaj z Ursusem | M 30-39 lat - 3 / 9 | 00:18:57 | 00:19:30 | 00:38:24 | 15.6 | 00:03:29 |
| 9 | 267 | BORUCIAK Adrian | Wołomin | Zabiegany Wołomin | M 19-29 lat - 2 / 6 | 00:18:24 | 00:20:22 | 00:38:45 | 15.5 | 00:03:50 |
| 10 | 145 | KNYCHAS Darek | Warszawa | PZU | M 40-49 lat - 2 / 11 | 00:19:56 | 00:20:18 | 00:40:14 | 14.9 | 00:05:20 |
| 11 | 99 | MICHALSKI Robert | Warszawa | Nocne Piłowanie Agrykoli | M 30-39 lat - 4 / 13 | 00:20:29 | 00:20:24 | 00:40:51 | 14.7 | 00:05:56 |
| 12 | 323 | ŁADA Robert | Warszawa | Biegaj z Ursusem | M 40-49 lat - 3 / 12 | 00:20:06 | 00:21:25 | 00:41:27 | 14.4 | 00:06:32 |
| 13 | 215 | MOŁĘDYS Szymon | Warszawa | KONTROLERSKI TEAM | M 30-39 lat - 5 / 10 | 00:19:42 | 00:21:47 | 00:41:29 | 14.5 | 00:06:34 |
| 14 | 276 | KOCHANOWSKI Michał | Warszawa | brak | M 19-29 lat - 3 / 15 | 00:20:33 | 00:21:09 | 00:41:33 | 14.4 | 00:06:39 |
| 15 / 1 | 307 | PAŚNICKA Daria | Łaskarzew | brak | K 19-29 lat - Open / 18 | 00:21:08 | 00:20:54 | 00:41:59 | 14.3 | 00:07:04 |
| 16 | 174 | KORSAKOV Konstantin | Warszawa | brak | M 40-49 lat - 4 / 17 | 00:21:03 | 00:21:28 | 00:42:30 | 14.1 | 00:07:35 |
| 17 | 303 | BONIECKI Rafał | Warszawa | Nutricia ELN | M 30-39 lat - 6 / 14 | 00:20:32 | 00:22:01 | 00:42:32 | 14.1 | 00:07:37 |
| 18 | 130 | CIESIELSKI Piotr | Warszawa | COMP TEAM | M 19-29 lat - 4 / 20 | 00:21:23 | 00:21:23 | 00:42:41 | 14 | 00:07:46 |
| 19 | 47 | KOŚCIK Jakub | Warszawa | brak | M 30-39 lat - 7 / 25 | 00:22:02 | 00:21:00 | 00:42:59 | 13.9 | 00:08:04 |
| 20 | 14 | KUCHARCZYK Andrzej | Warszawa | Cetes | M 40-49 lat - 5 / 29 | 00:22:13 | 00:21:32 | 00:43:16 | 13.7 | 00:08:21 |
| 21 | 140 | FRANASZCZYK Lech | warszawa | brak | M 50 + lat - 1 / 19 | 00:21:17 | 00:22:01 | 00:43:17 | 13.8 | 00:08:22 |
| 22 / 2 | 238 | HAGEN Marta | Grodzisk mazowiecki | Dogoń Grodzisk Mazowiecki | K 30-39 lat - Open / 21 | 00:21:35 | 00:22:10 | 00:43:44 | 13.7 | 00:08:49 |
| 23 | 210 | IDZIKOWSKI Grzegorz | Pruszków | Parkrun Pruszków | M 50 + lat - 2 / 23 | 00:21:54 | 00:22:06 | 00:43:59 | 13.6 | 00:09:04 |

| Miejsce Nr | Nazwisko / Imię | Miejscowość | Klub/Drużyna | Kategoria | Okr. 1 | Okr. 2 | Czas sum. | Vśr | Różnica |
|------------|--|--|----------------------------|---------------------------|---------------|---------------|-----------|------|----------|
| 24 | 330 ROZIŃSKI Arkadiusz | Warszawa | UKS 4 Ursus | M 50 + lat - 3 | 00:20:46 / 16 | 00:23:20 / 24 | 00:44:04 | 13.6 | 00:09:09 |
| 25 | 157 TKACZYK Radek | Warszawa | brak | M 30-39 lat - 8 | 00:22:29 / 31 | 00:21:55 / 25 | 00:44:19 | 13.5 | 00:09:24 |
| 26 | 120 PIECKA Krzysztof | Warszawa | brak | M 19-29 lat - 5 | 00:21:39 / 22 | 00:22:51 / 26 | 00:44:29 | 13.5 | 00:09:34 |
| 27 | 159 CHRZANOWSKI Wojciech | Warszawa | ChrzanowskiTeam | M 30-39 lat - 9 | 00:22:14 / 30 | 00:22:24 / 27 | 00:44:32 | 13.4 | 00:09:37 |
| 28 | 63 PALUSZKIEWICZ Tomasz | Warszawa | brak | M 40-49 lat - 6 | 00:22:09 / 26 | 00:22:39 / 28 | 00:44:45 | 13.4 | 00:09:50 |
| 29 | 104 ADAMCZYK Marcin | Warszawa | Biegaj z Ursusem | M 40-49 lat - 7 | 00:22:11 / 28 | 00:23:00 / 29 | 00:45:07 | 13.3 | 00:10:13 |
| 30 | 311 SURMAŃSKI Jacek | Warszawa | Biegaj z Ursusem | M 30-39 lat - 10 | 00:21:59 / 24 | 00:23:15 / 30 | 00:45:10 | 13.3 | 00:10:15 |
| 31 / 3 | 151 GADOMSKA Anna | Warszawa | PZU | K 30-39 lat - Open | 00:22:34 / 32 | 00:22:49 / 31 | 00:45:15 | 13.2 | 00:10:21 |
| 32 | 50 REWERA Robert | Warszawa | PKO BANK POLSKI | M 40-49 lat - 8 | 00:22:11 / 27 | 00:23:26 / 32 | 00:45:34 | 13.2 | 00:10:39 |
| 33 | 250 ZAPOLSKI Janusz | Warszawa | RunRoots | M 40-49 lat - 9 | 00:22:41 / 35 | 00:23:25 / 35 | 00:45:52 | 13 | 00:10:57 |
| 34 | 291 GÓRKA Krzysztof | Milanówek | VEOLIA INDUSTRY | M 50 + lat - 4 | 00:23:04 / 40 | 00:22:56 / 33 | 00:45:57 | 13 | 00:11:02 |
| 35 / 4 | 286 SZWEDA-LEWANDOWSKA Zofia | Warszawa | brak | K 30-39 lat - 1 | 00:23:07 / 41 | 00:22:59 / 34 | 00:45:58 | 13 | 00:11:03 |
| 36 | 80 JANKOWSKI Mariusz | Warszawa | brak | M 50 + lat - 5 | 00:22:53 / 38 | 00:23:18 / 36 | 00:46:04 | 13 | 00:11:09 |
| 37 | 42 WILCZYŃSKI Bartłomiej | Warszawa | brak | M 30-39 lat - 11 | 00:23:10 / 42 | 00:23:03 / 37 | 00:46:07 | 13 | 00:11:12 |
| 38 | 346 PADYSZ Arek | Warszawa | brak | M 40-49 lat - 10 | 00:23:10 / 43 | 00:23:08 / 40 | 00:46:11 | 13 | 00:11:16 |
| 39 / 5 | 58 MACIESOWICZ Anna | Warszawa | Biegaj z Ursusem | K 40-49 lat - 1 | 00:22:43 / 36 | 00:23:32 / 38 | 00:46:11 | 13 | 00:11:17 |
| 40 | 125 MACIEJEWSKI Stanisław | Warszawa | WPRunning | M 40-49 lat - 11 | 00:22:48 / 37 | 00:23:28 / 39 | 00:46:14 | 13 | 00:11:19 |
| 41 | 107 PUSZCZYK Krzysztof | Warszawa | Biegaj z Ursusem | M 40-49 lat - 12 | 00:22:39 / 34 | 00:23:47 / 41 | 00:46:21 | 12.9 | 00:11:26 |
| 42 | 198 SKIRZYŃSKI Dariusz | Warszawa | brak | M 30-39 lat - 12 | 00:23:01 / 39 | 00:23:58 / 43 | 00:46:41 | 12.8 | 00:11:47 |
| 43 | 242 BARANOWSKI Krzysztof | Zielonka | To naturalnie | M 50 + lat - 6 | 00:23:16 / 45 | 00:23:34 / 42 | 00:46:44 | 12.8 | 00:11:50 |
| 44 | 201 KSYNA Bogusław | Kamion Mały 3 96 512 Młodzieszyn | OSP Kamion | M 50 + lat - 7 | 00:23:26 / 46 | 00:24:22 / 44 | 00:47:41 | 12.6 | 00:12:47 |
| 45 | 265 NAZARUK Łukasz | Chełm | TF-48 | M 30-39 lat - 13 | 00:23:29 / 48 | 00:24:24 / 45 | 00:47:50 | 12.5 | 00:12:56 |
| 46 | 177 PRZEMYSŁAW Maciąg | Warszawa | Biegaj z Ursusem | M 30-39 lat - 14 | 00:22:39 / 33 | 00:25:40 / 46 | 00:48:14 | 12.4 | 00:13:19 |
| 47 | 124 CZERNISZEWSKI Konrad | Warszawa | brak | M 40-49 lat - 13 | 00:24:41 / 58 | 00:23:43 / 47 | 00:48:15 | 12.4 | 00:13:20 |
| 48 | 67 SOKOŁOWSKI Wiktor | Warszawa | brak | M 19-29 lat - 6 | 00:24:55 / 62 | 00:24:04 / 49 | 00:48:46 | 12.2 | 00:13:51 |
| 49 | 237 GAJOWNICZEK Robert | GRODZISK MAZOWIECKI | brak | M 40-49 lat - 14 | 00:23:40 / 49 | 00:25:15 / 48 | 00:48:46 | 12.3 | 00:13:51 |
| 50 | 269 RAFAŁ Cytryna | Opoczno | brak | M 40-49 lat - 15 | 00:24:24 / 53 | 00:24:47 / 51 | 00:48:47 | 12.2 | 00:13:52 |
| 51 / 6 | 25 KWIATKOWSKA Renata | Ożarów Mazowiecki | KB Ożarów Mazowiecki Biega | K 50 + lat - 1 | 00:24:36 / 57 | 00:24:24 / 50 | 00:48:54 | 12.2 | 00:13:59 |
| 52 | 314 MATUSZEWSKI Witold | Warszawa | brak | M 50 + lat - 8 | 00:24:51 / 60 | 00:24:37 / 52 | 00:49:20 | 12.1 | 00:14:25 |
| 53 | 146 KOSMÓLSKI Paweł | Warszawa | PZU | M 30-39 lat - 15 | 00:24:16 / 52 | 00:25:19 / 53 | 00:49:29 | 12.1 | 00:14:34 |
| 54 | 36 GADOMSKI Grzegorz | Warszawa | Saska Squad | M 30-39 lat - 16 | 00:23:55 / 51 | 00:25:42 / 54 | 00:49:31 | 12.1 | 00:14:36 |
| 55 | 123 MACIEJ Gawryś | Warszawa | brak | M 40-49 lat - 16 | 00:25:14 / 70 | 00:24:40 / 55 | 00:49:41 | 12 | 00:14:46 |

| Miejsce Nr | Nazwisko / Imię | Miejscowość | Klub/Drużyna | Kategoria | Okr. 1 | Okr. 2 | Czas sum. | Vśr | Różnica |
|------------|--|-------------|------------------------|-------------------------|---------------|---------------|-----------|------|----------|
| 56 | 225 STOKOWSKI Marek | Warszawa | Biegaj z Ursusem | M 40-49 lat - 17 | 00:24:54 / 61 | 00:25:07 / 56 | 00:49:44 | 12 | 00:14:49 |
| 57 | 226 BOBIN Grzegorz | Warszawa | brak | M 40-49 lat - 18 | 00:25:32 / 76 | 00:24:40 / 58 | 00:49:49 | 12 | 00:14:54 |
| 58 | 268 WOJDAS Fryderyk | WARSZAWA | brak | M 40-49 lat - 19 | 00:25:06 / 67 | 00:25:00 / 57 | 00:49:52 | 12 | 00:14:57 |
| 59 | 305 WOJDA Karol | Warszawa | Helenka i Alicja | M 30-39 lat - 17 | 00:25:12 / 68 | 00:25:26 / 60 | 00:50:08 | 11.8 | 00:15:13 |
| 60 | 281 DRÓŻKA Piotr | Łowicz | W POGONI ZA SZCZĘŚCIEM | M 30-39 lat - 18 | 00:25:30 / 75 | 00:25:11 / 61 | 00:50:16 | 11.8 | 00:15:21 |
| 61 | 230 VASILEV Veselin | Warszawa | brak | M 30-39 lat - 19 | 00:23:28 / 47 | 00:26:57 / 59 | 00:50:22 | 11.9 | 00:15:28 |
| 62 | 89 FILARSKI Krzysztof | Warszawa | brak | M 40-49 lat - 20 | 00:26:26 / 89 | 00:25:26 / 77 | 00:50:43 | 11.6 | 00:15:48 |
| 63 | 183 MACHNIKOWSKI Grzegorz | Lubartów | brak | M 30-39 lat - 20 | 00:25:04 / 65 | 00:25:46 / 62 | 00:50:45 | 11.8 | 00:15:50 |
| 64 | 35 MACHNIKOWSKI Paweł | Warszawa | Saska Squad | M 30-39 lat - 21 | 00:25:05 / 66 | 00:25:46 / 63 | 00:50:45 | 11.8 | 00:15:50 |
| 65 | 153 SKOCZYLAS Paweł | Piastów | PZU | M 30-39 lat - 22 | 00:25:12 / 69 | 00:25:51 / 64 | 00:50:53 | 11.7 | 00:15:59 |
| 66 | 13 KRASZEWSKI Marcin | Warszawa | Cetes | M 40-49 lat - 21 | 00:25:24 / 73 | 00:26:07 / 71 | 00:50:59 | 11.6 | 00:16:04 |
| 67 | 296 RYBAK Konstanty | Warszawa | Biegaj z Ursusem | M 19-29 lat - 7 | 00:24:56 / 63 | 00:26:22 / 67 | 00:51:04 | 11.7 | 00:16:09 |
| 68 | 82 ZAJCHOWSKI Piotr | Warszawa | brak | M 30-39 lat - 23 | 00:24:47 / 59 | 00:26:36 / 69 | 00:51:07 | 11.7 | 00:16:12 |
| 69 | 152 OSTROWSKI Marcin | Warszawa | PZU | M 30-39 lat - 24 | 00:23:12 / 44 | 00:28:05 / 66 | 00:51:08 | 11.7 | 00:16:14 |
| 70 | 122 PRZEPIORKOWSKI Krzysztof | Warszawa | brak | M 50 + lat - 9 | 00:24:33 / 56 | 00:26:39 / 65 | 00:51:11 | 11.7 | 00:16:16 |
| 71 | 137 JEŻ Krzysztof | Warszawa | brak | M 40-49 lat - 22 | 00:25:23 / 72 | 00:25:55 / 68 | 00:51:12 | 11.7 | 00:16:17 |
| 72 / 7 | 233 STARZEC Małgorzata | Sułkowice | brak | K 30-39 lat - 2 | 00:24:56 / 64 | 00:26:33 / 70 | 00:51:22 | 11.7 | 00:16:27 |
| 73 / 8 | 320 WAGNER Jolanta | Warszawa | Biegaj z Ursusem | K 50 + lat - 2 | 00:25:39 / 81 | 00:25:58 / 72 | 00:51:24 | 11.6 | 00:16:29 |
| 74 | 288 KOWOLIK Kamil | Warszawa | brak | M 19-29 lat - 8 | 00:25:25 / 74 | 00:26:25 / 74 | 00:51:34 | 11.6 | 00:16:39 |
| 75 | 112 JANISZEWSKI Andrzej | WARSZAWA | CWAŁUJĄCE ŻÓŁWIE | M 30-39 lat - 25 | 00:25:33 / 78 | 00:26:13 / 73 | 00:51:38 | 11.6 | 00:16:43 |
| 76 / 9 | 70 TUREK Marzena | Pruszków | Rozbiegany Piastów | K 40-49 lat - 2 | 00:26:05 / 85 | 00:25:45 / 75 | 00:51:39 | 11.6 | 00:16:44 |
| 77 | 292 RODAK Tomasz | Warszawa | brak | M 40-49 lat - 23 | 00:26:12 / 86 | 00:25:40 / 76 | 00:51:48 | 11.6 | 00:16:53 |
| 78 | 270 DARIUSZ Dudek | Piaseczno | brak | M 50 + lat - 10 | 00:26:45 / 92 | 00:25:45 / 79 | 00:52:05 | 11.4 | 00:17:10 |
| 79 | 284 MUSIAŁ Krzysztof | Warszawa | brak | M 19-29 lat - 9 | 00:25:23 / 71 | 00:27:00 / 78 | 00:52:08 | 11.5 | 00:17:13 |
| 80 | 287 BŁASZCZYK Jarosław | Warszawa | brak | M 40-49 lat - 24 | 00:25:32 / 77 | 00:27:03 / 80 | 00:52:26 | 11.4 | 00:17:31 |
| 81 | 18 MŁYNARCZYK Adam | Warszawa | VEOLIA | M 19-29 lat - 10 | 00:26:04 / 84 | 00:26:43 / 81 | 00:52:31 | 11.4 | 00:17:36 |
| 82 / 10 | 244 NIEDZIÓŁKA Małgorzata | Warszawa | To naturalnie | K 50 + lat - 3 | 00:26:03 / 83 | 00:27:02 / 82 | 00:53:00 | 11.3 | 00:18:05 |
| 83 | 295 KUBASIEWICZ Wojciech | Warszawa | brak | M 19-29 lat - 11 | 00:26:01 / 82 | 00:27:33 / 83 | 00:53:25 | 11.2 | 00:18:30 |
| 84 | 278 STOKOWIEC Marcin | WARSZAWA | DREAM TEAM | M 40-49 lat - 25 | 00:27:13 / 97 | 00:26:35 / 84 | 00:53:30 | 11.1 | 00:18:35 |
| 85 | 209 PYRZAK Paweł | Przemyśl | Fort Jaksmanice | M 30-39 lat - 26 | 00:24:30 / 55 | 00:29:26 / 85 | 00:53:52 | 11.1 | 00:18:57 |
| 86 | 217 DOMARADZKI Karol | Przemyśl | brak | M 30-39 lat - 27 | 00:24:30 / 54 | 00:29:28 / 86 | 00:53:54 | 11.1 | 00:18:59 |
| 87 | 5 KOWALCZUK Jakub | Warszawa | Urząd Dzielnicy Ursus | M 40-49 lat - 26 | 00:26:37 / 90 | 00:27:35 / 87 | 00:53:58 | 11.1 | 00:19:04 |

| Miejsce Nr | Nazwisko / Imię | Miejscowość | Klub/Drużyna | Kategoria | Okr. 1 | Okr. 2 | Czas sum. | Vśr | Różnica |
|------------|---|---------------------|---------------------------|----------------------------|-------------------|-------------------|-----------|------|----------|
| 88 | 108 KOSIATY Paweł | Brwinów | brak | M 19-29 lat - 12 | 00:27:27 / 100 | 00:27:32 / 89 | 00:54:45 | 10.9 | 00:19:50 |
| 89 | 321 BONIŃSKI Rafał | Warszawa | brak | M 40-49 lat - 27 | 00:25:34 / 79 | 00:29:22 / 88 | 00:54:49 | 10.9 | 00:19:54 |
| 90 | 135 GUTKOWSKI Janusz | Warszawa | brak | M 40-49 lat - 28 | 00:26:53 / 96 | 00:28:16 / 91 | 00:54:52 | 10.9 | 00:19:57 |
| 91 | 248 JASTREB Norbert | Warszawa | brak | M 40-49 lat - 29 | 00:27:30 / 103 | 00:27:50 / 92 | 00:54:52 | 10.8 | 00:19:57 |
| 92 | 38 CYTRYNIAK Krzysztof | Warszawa | brak | M 40-49 lat - 30 | 00:27:15 / 99 | 00:27:49 / 90 | 00:54:56 | 10.9 | 00:20:01 |
| 93 | 118 MAZUŚ Jarek | Warszawa | brak | M 40-49 lat - 31 | 00:28:02 / 105 | 00:27:29 / 95 | 00:55:04 | 10.8 | 00:20:09 |
| 94 | 271 ŁUKASZ Dudek | Warszawa | brak | M 19-29 lat - 13 | 00:25:39 / 80 | 00:29:57 / 97 | 00:55:10 | 10.8 | 00:20:16 |
| 95 | 235 JAKUBOWSKI Marcin | Warszawa | brak | M 40-49 lat - 32 | 00:26:46 / 94 | 00:28:47 / 96 | 00:55:11 | 10.8 | 00:20:16 |
| 96 | 95 GNIUCHOWSKI Krzysztof | Warszawa | brak | M 40-49 lat - 33 | 00:26:45 / 93 | 00:28:40 / 94 | 00:55:11 | 10.8 | 00:20:17 |
| 97 | 64 REKS Grzegorz | Warszawa | brak | M 30-39 lat - 28 | 00:26:48 / 95 | 00:28:32 / 93 | 00:55:14 | 10.8 | 00:20:19 |
| 98 / 11 | 290 MAJEWSKA Justyna | Warszawa | brak | K 40-49 lat - 3 | 00:28:13 / 107 | 00:27:38 / 100 | 00:55:25 | 10.7 | 00:20:30 |
| 99 | 221 MARUSZAK Darek | Jaktorów | brak | M 40-49 lat - 34 | 00:27:28 / 101 | 00:28:09 / 98 | 00:55:29 | 10.8 | 00:20:34 |
| 100 / 12 | 308 KOZDRÓJ Wioletta | Grodzisk Mazowiecki | Dogoń Grodzisk Mazowiecki | K 40-49 lat - 4 | 00:27:28 / 102 | 00:28:09 / 99 | 00:55:31 | 10.8 | 00:20:36 |
| 101 / 13 | 163 KUBASIEWICZ Patrycja | Warszawa | brak | K 19-29 lat - 1 | 00:27:39 / 104 | 00:28:26 / 101 | 00:55:54 | 10.7 | 00:21:00 |
| 102 / 14 | 264 DZIEWULSKA Henryka | Piastów | Rozbiegany Piastów | K 50 + lat - 4 | 00:28:17 / 108 | 00:28:06 / 102 | 00:56:12 | 10.6 | 00:21:17 |
| 103 | 171 BRYLSKI Zbigniew | Włocławek | brak | M 50 + lat - 11 | 00:28:09 / 106 | 00:28:58 / 103 | 00:56:53 | 10.5 | 00:21:58 |
| 104 / 15 | 41 ŁYP Monika | Piastów | Rozbiegany Piastów | K 30-39 lat - 3 | 00:28:18 / 109 | 00:28:57 / 104 | 00:57:05 | 10.5 | 00:22:10 |
| 105 | 81 STACHURSKI Eryk | warszawa | brak | M 50 + lat - 12 | 00:26:21 / 87 | 00:31:15 / 105 | 00:57:22 | 10.4 | 00:22:27 |
| 106 | 342 JÓZWIK Robert | WARSZAWA | brak | M 40-49 lat - 35 | 00:28:30 / 110 | 00:29:09 / 106 | 00:57:24 | 10.4 | 00:22:29 |
| 107 | 51 KRAJEWSKI Sebastian | Warszawa | brak | M 30-39 lat - 29 | 00:28:34 / 111 | 00:29:14 / 107 | 00:57:25 | 10.4 | 00:22:30 |
| 108 / 16 | 313 ZAGRAJEK Marzena | Warszawa | brak | K 50 + lat - 5 | 00:29:53 / 128 | 00:28:02 / 109 | 00:57:31 | 10.4 | 00:22:36 |
| 109 | 185 GAJDA Sławomir | Warszawa | brak | M 40-49 lat - 36 | 00:28:43 / 114 | 00:29:17 / 111 | 00:57:38 | 10.3 | 00:22:43 |
| 110 / 17 | 310 KALIŃSKA Edyta | Warszawa | Biegaj z Ursusem | K 30-39 lat - 4 | 00:28:43 / 115 | 00:29:15 / 110 | 00:57:43 | 10.3 | 00:22:48 |
| 111 | 243 NOWACKI Julian | Warszawa | To naturalnie | M 50 + lat - 13 | 00:28:41 / 113 | 00:29:12 / 108 | 00:57:47 | 10.4 | 00:22:53 |
| 112 / 18 | 239 LENARTOWICZ Ewelina | Pruszków | Run and fun | K 30-39 lat - 5 | 00:28:45 / 118 | 00:29:19 / 112 | 00:57:50 | 10.3 | 00:22:56 |
| 113 / 19 | 219 KAMIŃSKA Katarzyna | Warszawa | brak | K 19-29 lat - 2 | 00:28:44 / 116 | 00:29:38 / 113 | 00:58:14 | 10.3 | 00:23:19 |
| 114 | 220 MĘCZKOWSKI Bartłomiej | Wołomin | brak | M 30-39 lat - 30 | 00:28:44 / 117 | 00:29:39 / 114 | 00:58:15 | 10.3 | 00:23:20 |
| 115 | 218 LOGIŃSKI Wojciech | Warszawa | brak | M 30-39 lat - 31 | 00:29:04 / 120 | 00:30:13 / 116 | 00:58:51 | 10.1 | 00:23:56 |
| 116 / 20 | 39 BRZEZIŃSKA Sylwia | Warszawa | brak | K 30-39 lat - 6 | 00:28:41 / 112 | 00:30:31 / 115 | 00:58:59 | 10.1 | 00:24:04 |
| 117 / 21 | 105 PROKOP-OKUŁA Katarzyna | WARSZAWA | brak | K 40-49 lat - 5 | 00:29:45 / 126 | 00:29:36 / 117 | 00:59:01 | 10.1 | 00:24:06 |
| 118 / 22 | 45 WOJNAROWSKA Katarzyna | Warszawa | brak | K 19-29 lat - 3 | 00:28:52 / 119 | 00:30:48 / 118 | 00:59:26 | 10.1 | 00:24:31 |
| 119 | 77 DRAGANEK Michał | Puławy | brak | M 40-49 lat - 37 | 00:29:19 / 123 | 00:30:35 / 119 | 00:59:31 | 10 | 00:24:36 |

| Miejsce | Nr | Nazwisko / Imię | Miejscowość | Klub/Drużyna | Kategoria | Okr. 1 | Okr. 2 | Czas sum. | Vśr | Różnica |
|---------|----------|--|-------------|------------------------------------|---------------------|-------------------|-------------------|-----------|------|----------|
| 120 | / 23 164 | KAMIŃSKA Olga | Warszawa | brak | K 30-39 lat - 7 | 00:29:50 / 127 | 00:30:38 / 120 | 01:00:07 | 9.9 | 00:25:12 |
| 121 | / 24 66 | SOKOŁOWSKA Anna | Warszawa | brak | K 40-49 lat - 6 | 00:29:34 / 125 | 00:31:23 / 121 | 01:00:51 | 9.8 | 00:25:56 |
| 122 | 121 | BEDNARCZYK Maciej | Warszawa | brak | M 19-29 lat - 14 | 00:30:20 / 133 | 00:31:20 / 124 | 01:01:13 | 9.7 | 00:26:18 |
| 123 | 106 | DOMAŃSKI Arkadiusz | WARSZAWA | brak | M 40-49 lat - 38 | 00:29:16 / 122 | 00:32:12 / 123 | 01:01:22 | 9.8 | 00:26:28 |
| 124 | 260 | BARTOSIK Dariusz | Warszawa | brak | M 50 + lat - 14 | 00:29:28 / 124 | 00:31:57 / 122 | 01:01:25 | 9.8 | 00:26:30 |
| 125 | 350 | WAWROCKI Marcin | Warszawa | brak | M 30-39 lat - 32 | 00:32:34 / 138 | 00:30:11 / 125 | 01:02:18 | 9.6 | 00:27:23 |
| 126 | 212 | CHOMICZEWSKI Artur | Sierpc | brak | M 30-39 lat - 33 | 00:31:31 / 135 | 00:32:26 / 126 | 01:03:41 | 9.4 | 00:28:47 |
| 127 | / 25 3 | BRZOWSKA Aleksandra | Warszawa | Urząd Dzielnicy Ursus | K 19-29 lat - 4 | 00:30:20 / 132 | 00:34:01 / 127 | 01:03:59 | 9.3 | 00:29:04 |
| 128 | / 26 53 | OBREBOWSKA Małgorzata | WARSZAWA | brak | K 30-39 lat - 8 | 00:30:19 / 130 | 00:35:04 / 129 | 01:05:19 | 9.2 | 00:30:24 |
| 129 | 54 | OBREBOWSKI Dariusz | WARSZAWA | brak | M 30-39 lat - 34 | 00:30:20 / 131 | 00:35:03 / 128 | 01:05:19 | 9.2 | 00:30:24 |
| 130 | / 27 166 | MYŚLIBORSKA Olga | Warszawa | brak | K 40-49 lat - 7 | 00:32:32 / 137 | 00:33:23 / 130 | 01:05:46 | 9.1 | 00:30:51 |
| 131 | / 28 111 | BAREJA Ewa | Warszawa | brak | K 30-39 lat - 9 | 00:35:27 / 139 | 00:37:05 / 131 | 01:12:13 | 8.3 | 00:37:19 |
| 132 | / 29 255 | MACIOROWSKA Anna | Piastów | Rozbiegany Piastów | K 30-39 lat - 10 | 00:37:09 / 141 | 00:39:17 / 132 | 01:16:15 | 7.8 | 00:41:20 |
| 133 | / 30 71 | PRZYBYLAK Wanda | Piastów | Rozbiegany Piastów | K 50 + lat - 6 | 00:37:09 / 142 | 00:39:17 / 133 | 01:16:16 | 7.8 | 00:41:21 |
| 134 | 259 | KOWALSKI Ryszard | Wola Młocka | Kamilińska Misja Pomocy Społecznej | M 50 + lat - 15 | 00:41:46 / 143 | 00:34:52 / 134 | 01:16:37 | 7.8 | 00:41:42 |
| 135 | 57 | PERZYNA Rafał | Ursus | brak | M 30-39 lat - 35 | 00:23:51 / 50 | | 00:23:45 | 12.6 | -1 okr. |
| 136 | / 31 280 | PUCHALSKA Katarzyna | Piastow | brak | K 19-29 lat - 5 | 00:26:23 / 88 | | 00:26:09 | 11.4 | -1 okr. |
| 137 | 62 | UNKIEWICZ Michał | Warszawa | Saska squad | M 30-39 lat - 36 | 00:26:39 / 91 | | 00:26:30 | 11.3 | -1 okr. |
| 138 | / 32 32 | CYTRYNIAK Katarzyna | Warszawa | brak | K 40-49 lat - 8 | 00:27:15 / 98 | | 00:27:07 | 11 | -1 okr. |
| 139 | / 33 315 | MRÓZ Gabriela | Jedlicze | Pawko Runner Team | K 19-29 lat - 6 | 00:29:10 / 121 | | 00:29:05 | 10.3 | -1 okr. |
| 140 | 325 | KAŹMIERCZAK Wojciech | Warszawa | Private | M 50 + lat - 16 | 00:29:56 / 129 | | 00:29:40 | 10 | -1 okr. |
| 141 | / 34 116 | RĄCZKA Marita | Warszawa | Team ZabieganeDni | K 40-49 lat - 9 | 00:30:23 / 134 | | 00:30:14 | 9.9 | -1 okr. |
| 142 | / 35 115 | MRUCZYŃSKA-PIETRUCZANIS Katarzyna | Węgrów | wkurw_team / Aktywni Węgrów | K 40-49 lat - 10 | 00:31:45 / 136 | | 00:31:30 | 9.4 | -1 okr. |
| 143 | / 36 8 | BOROWSKA-TOMASIK Joanna | Warszawa | Cetes | K 30-39 lat - 11 | 00:35:47 / 140 | | 00:35:20 | 8.4 | -1 okr. |

| | | |
|----------------------|-----|--|
| Ukończyło: | 143 | Przygotowanie i pomiar czasu ProTimer (www.ProTimer.pl), wydrukowano 2025-04-23 |
| Wystartowało: | 144 | |
| Zapisało się: | 168 | |