



Łódź 2021-10-23

Decathlon Run 8

Wyniki kategorii Open 5km

| Miejsce | Nr | Nazwisko / Imię | Miejscowość | Klub/Drużyna | Okr. 1 | Okr. 2 | Czas sum. | Czas brutto | Vśr | Różnica |
|---------|-----|---------------------------------------|-----------------------|---|----------|----------|-----------|-------------|------|----------|
| 1 | 144 | WITKOWSKI Michał | Łódź | brak | 00:07:42 | 00:07:30 | 00:15:12 | 00:15:14 | 19.7 | 00:00:00 |
| 2 | 269 | BŁASZCZYK Bartłomiej | Łódź | brak | 00:07:40 | 00:07:50 | 00:15:31 | 00:15:33 | 19.3 | 00:00:19 |
| 3 | 209 | HAREMZA Maciej | Daszewice | Za linią Mety | 00:08:03 | 00:08:11 | 00:16:14 | 00:16:16 | 18.4 | 00:01:02 |
| 4 | 73 | STROJKOWSKI Bartosz | Łódź | Łódź Kocha Sport | 00:08:14 | 00:08:17 | 00:16:31 | 00:16:33 | 18.1 | 00:01:19 |
| 5 / 1 | 233 | KACZMAREK Monika | Łódź | ASICSFrontRunnerPoland | 00:08:14 | 00:08:17 | 00:16:32 | 00:16:34 | 18.1 | 00:01:19 |
| 6 | 50 | KAMIL Skrzypczak | Łódź | Time4s | 00:08:33 | 00:07:58 | 00:16:32 | 00:16:35 | 18.1 | 00:01:20 |
| 7 | 281 | ZAWITOWSKI Michał | Łódź | brak | 00:08:21 | 00:08:17 | 00:16:38 | 00:16:41 | 18 | 00:01:25 |
| 8 | 270 | ROJEWSKI Paweł | Łódź | EVERRUN | 00:08:18 | 00:08:39 | 00:16:58 | 00:17:00 | 17.6 | 00:01:46 |
| 9 | 304 | CZAJKOWSKI Norbert | Łódź | Łódź Kocha Sport | 00:08:52 | 00:08:35 | 00:17:27 | 00:18:07 | 16.6 | 00:02:15 |
| 10 | 200 | FILIPIAK Robert | Łódź | brak | 00:08:46 | 00:09:00 | 00:17:46 | 00:17:51 | 16.8 | 00:02:34 |
| 11 | 124 | SZYMCZAK Jacek | Łódź | brak | 00:08:59 | 00:08:49 | 00:17:49 | 00:17:53 | 16.8 | 00:02:36 |
| 12 / 2 | 201 | OSTOJSKA Katarzyna | Zelów | brak | 00:08:59 | 00:08:49 | 00:17:49 | 00:17:54 | 16.8 | 00:02:37 |
| 13 / 3 | 306 | SZMIGIEL Klaudia | Węgrzynów | Woźniak Running Team/ Decathlon Kielce | 00:09:00 | 00:09:05 | 00:18:05 | 00:18:09 | 16.5 | 00:02:53 |
| 14 | 36 | JAREK Chybowski | Łódź | Klub Sportowy Ultra Team Łódź | 00:09:06 | 00:09:03 | 00:18:10 | 00:18:13 | 16.5 | 00:02:57 |
| 15 | 244 | KOWALSKI Michał | Łódź | brak | 00:09:01 | 00:09:14 | 00:18:16 | 00:18:38 | 16.1 | 00:03:04 |
| 16 | 152 | BŁASIAK Jacek | Łódź | Rossmann | 00:09:14 | 00:09:14 | 00:18:28 | 00:18:35 | 16.1 | 00:03:16 |
| 17 | 297 | KEMICER Igor | Płock | Umed Łódź | 00:09:06 | 00:09:22 | 00:18:28 | 00:18:34 | 16.2 | 00:03:16 |
| 18 | 313 | SZCZEPAŃSKI Marcin | Łódź | EVERRUN | 00:09:20 | 00:09:10 | 00:18:31 | 00:18:36 | 16.1 | 00:03:18 |
| 19 | 185 | PRZYBYSZ Kamil | Łódź | brak | 00:09:05 | 00:09:28 | 00:18:34 | 00:18:40 | 16.1 | 00:03:21 |
| 20 | 100 | WYPYCH Zbigniew | Łódź | Warriors Łódź | 00:09:18 | 00:09:30 | 00:18:49 | 00:18:50 | 15.9 | 00:03:36 |
| 21 | 257 | ZAPILAJ Daniel | Elk | Elckie Tygrysy | 00:09:29 | 00:09:20 | 00:18:49 | 00:18:52 | 15.9 | 00:03:37 |
| 22 | 97 | JĘDRZEJCZAK Mateusz | Łódź | brak | 00:09:27 | 00:09:22 | 00:18:50 | 00:18:56 | 15.8 | 00:03:38 |
| 23 | 219 | SOTNYKOV Paweł | Łódź | brak | 00:09:21 | 00:09:30 | 00:18:51 | 00:18:55 | 15.8 | 00:03:39 |
| 24 | 225 | PATUCHA Patryk | Łódź | brak | 00:09:09 | 00:09:45 | 00:18:55 | 00:18:57 | 15.8 | 00:03:43 |
| 25 | 253 | WRÓBEL Kamil | Łódź | brak | 00:09:22 | 00:09:50 | 00:19:13 | 00:19:27 | 15.4 | 00:04:00 |
| 26 | 251 | PAWEŁ Lewocha | Aleksandrów Łódzki | HTF Ludwik Sikorski | 00:09:43 | 00:09:40 | 00:19:23 | 00:19:38 | 15.3 | 00:04:11 |
| 27 | 236 | BUCZKOWSKI Michał | Sędziejowice | brak | 00:09:12 | 00:10:12 | 00:19:25 | 00:19:29 | 15.4 | 00:04:13 |
| 28 | 83 | MARCZAK Bartłomiej | Zgierz | TKKF DZIKUSY ŁÓDŹ | 00:09:42 | 00:09:48 | 00:19:30 | 00:19:36 | 15.3 | 00:04:18 |
| 29 | 133 | BŁASIAK Paweł | Łódź | Clariant | 00:09:44 | 00:09:49 | 00:19:34 | 00:19:42 | 15.2 | 00:04:21 |
| 30 | 275 | ANISZEWSKI Bartłomiej | Łódź | Rossmann | 00:09:38 | 00:10:00 | 00:19:38 | 00:19:45 | 15.2 | 00:04:26 |
| 31 | 150 | SOCHA Marcin | Łódź | brak | 00:09:51 | 00:09:47 | 00:19:38 | 00:19:51 | 15.1 | 00:04:26 |
| 32 | 1 | PIECYK Łukasz | Łódź | brak | 00:09:52 | 00:10:00 | 00:19:53 | 00:20:11 | 14.9 | 00:04:40 |
| 33 | 55 | KOSIELSKI Robert | Łódź | brak | 00:09:59 | 00:09:53 | 00:19:53 | 00:20:02 | 15 | 00:04:40 |
| 34 | 190 | MARCZYK Waldemar | Będków | Razem Trenujemy Sport | 00:10:17 | 00:09:35 | 00:19:53 | 00:20:10 | 14.9 | 00:04:41 |
| 35 | 214 | KANAPLIANY Raman | Łódź | brak | 00:09:43 | 00:10:10 | 00:19:54 | 00:19:59 | 15 | 00:04:41 |
| 36 | 183 | BREJNAK Ryszard | Żakowice | brak | 00:10:08 | 00:09:51 | 00:19:59 | 00:20:07 | 14.9 | 00:04:46 |
| 37 | 258 | SZYMCZAK Dominik | Łódź | brak | 00:09:57 | 00:10:03 | 00:20:00 | 00:20:24 | 14.7 | 00:04:48 |
| 38 | 87 | WOJCIECHOWSKI Piotr | Łódź | brak | 00:10:06 | 00:09:57 | 00:20:03 | 00:20:11 | 14.9 | 00:04:50 |
| 39 | 131 | WOŹNIAK Adrian | Łódź | Warriors Łódź | 00:10:05 | 00:09:59 | 00:20:05 | 00:20:27 | 14.7 | 00:04:52 |

| Miejsce Nr | Nazwisko / Imię | Miejscowość | Klub/Drużyna | Okr. 1 | Okr. 2 | Czas sum. | Czas brutto | Vśr | Różnica |
|------------|--|---------------------|-------------------------------|----------|----------|-----------|-------------|------|----------|
| 40 | 193 DOMAŃSKI Zbigniew | Łódź | Rossmann | 00:09:57 | 00:10:08 | 00:20:05 | 00:20:10 | 14.9 | 00:04:53 |
| 41 | 346 KOZŁOWSKI Przemek | Łódź | brak | 00:10:28 | 00:09:39 | 00:20:08 | 00:20:33 | 14.6 | 00:04:56 |
| 42 | 187 DOMAŃSKI Krzysztof | Łódź | Rossmann | 00:10:03 | 00:10:05 | 00:20:09 | 00:20:15 | 14.8 | 00:04:57 |
| 43 | 215 SOKOL Serhii | Łódź | Rossmann | 00:09:40 | 00:10:29 | 00:20:10 | 00:20:14 | 14.8 | 00:04:57 |
| 44 | 136 KORNAFEL Bartłomiej | Łódź | ŁódźRunCrew/JakoTeam | 00:10:00 | 00:10:09 | 00:20:10 | 00:20:25 | 14.7 | 00:04:57 |
| 45 | 135 DYLIK Sylwester | Aleksandrów łódzki | ŁódźRunCrew/JakoTeam | 00:09:56 | 00:10:19 | 00:20:16 | 00:20:27 | 14.7 | 00:05:03 |
| 46 / 4 | 147 GAPYS Dorota | Łódź | brak | 00:10:26 | 00:09:50 | 00:20:17 | 00:20:25 | 14.7 | 00:05:04 |
| 47 | 194 BANDEL Adam | Łódź | brak | 00:10:11 | 00:10:07 | 00:20:18 | 00:20:30 | 14.6 | 00:05:06 |
| 48 | 140 ZAPIERACZYŃSKI Mateusz | Rzgów | Razem Trenujemy Sport | 00:10:11 | 00:10:12 | 00:20:24 | 00:20:40 | 14.5 | 00:05:11 |
| 49 / 5 | 182 KARASINSKA Ewa | Zgierz | 5 z Księżycyca | 00:09:45 | 00:10:40 | 00:20:25 | 00:21:13 | 14.1 | 00:05:12 |
| 50 / 6 | 168 WESOŁOWSKA Magdalena | Zgierz | 5 z Księżycyca | 00:09:50 | 00:10:35 | 00:20:25 | 00:21:13 | 14.1 | 00:05:13 |
| 51 | 157 SKOCZYŃSKI Łukasz | Łódź | ALLiN Running | 00:10:23 | 00:10:13 | 00:20:36 | 00:20:59 | 14.3 | 00:05:24 |
| 52 | 220 ANDRZEJEWSKI Tomasz | Pabianice | Gillette RUN | 00:10:35 | 00:10:03 | 00:20:39 | 00:21:08 | 14.2 | 00:05:26 |
| 53 | 18 JACEK Cieślík | Łódź | ŁódźRunCrew/JakoTeam | 00:10:31 | 00:10:14 | 00:20:45 | 00:21:00 | 14.3 | 00:05:33 |
| 54 | 210 ROSIŃSKI Michał | Pabianice | brak | 00:10:37 | 00:10:21 | 00:20:59 | 00:21:32 | 13.9 | 00:05:46 |
| 55 | 276 UBYCH Mariusz | Łódź | brak | 00:10:36 | 00:10:23 | 00:21:00 | 00:21:07 | 14.2 | 00:05:47 |
| 56 | 134 TOMASIK Piotr | Łódź | brak | 00:10:27 | 00:10:36 | 00:21:03 | 00:21:23 | 14 | 00:05:51 |
| 57 | 162 ZDUŃCZYK Zbyszek | Aleksandrów łódzki | Sobotnia Grupa Biegowa LZG | 00:11:05 | 00:09:59 | 00:21:05 | 00:21:28 | 14 | 00:05:52 |
| 58 | 11 TOMCZYK Rafał | Poddębice | brak | 00:10:23 | 00:10:41 | 00:21:05 | 00:21:15 | 14.1 | 00:05:53 |
| 59 | 30 KARWOWSKI Michał | Łódź | Klub Sportowy Ultra Team Łódź | 00:10:39 | 00:10:26 | 00:21:06 | 00:21:07 | 14.2 | 00:05:53 |
| 60 | 142 SZYMCZAK Łukasz | Łódź | Łódź Kocha Sport | 00:10:33 | 00:10:32 | 00:21:06 | 00:21:21 | 14 | 00:05:53 |
| 61 | 290 BOGUTCZAK Piotr | Konstantynów Łódzki | brak | 00:10:54 | 00:10:19 | 00:21:13 | 00:21:38 | 13.9 | 00:06:01 |
| 62 | 317 NOWACZYK Paweł | Łódź | brak | 00:10:35 | 00:10:39 | 00:21:15 | 00:21:33 | 13.9 | 00:06:02 |
| 63 | 143 GÓRSKI Łukasz | Aleksandrów Łódzki | brak | 00:10:52 | 00:10:23 | 00:21:15 | 00:21:34 | 13.9 | 00:06:03 |
| 64 | 178 ROGUSKI Daniel | Łódź | brak | 00:10:47 | 00:10:29 | 00:21:17 | 00:21:39 | 13.9 | 00:06:04 |
| 65 | 41 JAKUB Borowski | Łódź | ŁódźRunCrew/JakoTeam | 00:10:28 | 00:10:50 | 00:21:18 | 00:21:29 | 14 | 00:06:05 |
| 66 | 160 ZAPIERACZYŃSKI Jan | Rzgów | Razem Trenujemy Sport | 00:10:19 | 00:10:59 | 00:21:18 | 00:21:34 | 13.9 | 00:06:06 |
| 67 | 288 KNAPIK Łukasz | Łódź | LKS FENIKS Opoczno | 00:10:37 | 00:10:42 | 00:21:19 | 00:21:25 | 14 | 00:06:07 |
| 68 / 7 | 326 ŁABĘDŹ Aneta | Łódź | brak | 00:10:56 | 00:10:29 | 00:21:26 | 00:22:00 | 13.6 | 00:06:13 |
| 69 | 121 KRZEMIŃSKI Kamil | Aleksandrów Łódzki | brak | 00:11:03 | 00:10:24 | 00:21:27 | 00:21:44 | 13.8 | 00:06:15 |
| 70 | 261 OLCZYK Marcin | Łódź | Rossmann | 00:10:16 | 00:11:13 | 00:21:30 | 00:21:37 | 13.9 | 00:06:17 |
| 71 / 8 | 161 ZALEGA Luiza | Rąbień | Sobotnia Grupa Biegowa LZG | 00:11:06 | 00:10:26 | 00:21:33 | 00:21:55 | 13.7 | 00:06:21 |
| 72 | 159 GALOCH Robert | Aleksandrów Łódzki | Sobotnia Grupa Biegowa LZG | 00:11:06 | 00:10:27 | 00:21:33 | 00:21:56 | 13.7 | 00:06:21 |
| 73 | 184 CEGIEŁKA Marcin | Gospodarz | brak | 00:11:09 | 00:10:29 | 00:21:39 | 00:21:59 | 13.6 | 00:06:26 |
| 74 | 163 WANDACHOWICZ Mariusz | Łódź | Łódź Kocha Sport | 00:10:54 | 00:10:44 | 00:21:39 | 00:21:57 | 13.7 | 00:06:27 |
| 75 | 16 SZAŁKOWSKI Radosław | Łódź | brak | 00:10:30 | 00:11:13 | 00:21:44 | 00:22:02 | 13.6 | 00:06:32 |
| 76 | 273 SKORUPA Damian | Łódź | brak | 00:11:03 | 00:10:41 | 00:21:44 | 00:22:33 | 13.3 | 00:06:32 |
| 77 | 44 KONECKI Kamil | Łódź | Łódź Kocha Sport | 00:11:26 | 00:10:23 | 00:21:49 | 00:22:24 | 13.4 | 00:06:37 |
| 78 | 96 ŁUKASIK Mariusz | Łódź | brak | 00:10:36 | 00:11:14 | 00:21:50 | 00:21:57 | 13.7 | 00:06:38 |
| 79 | 216 MYNC Marcin | Łódź | brak | 00:11:13 | 00:10:39 | 00:21:53 | 00:22:15 | 13.5 | 00:06:40 |
| 80 | 93 STOLIŃSKI Adrian | Łódź | #happyrunners | 00:11:00 | 00:10:54 | 00:21:54 | 00:22:08 | 13.5 | 00:06:42 |
| 81 | 72 STANISŁAW Bolarczyk | Łódź | brak | 00:10:34 | 00:11:22 | 00:21:56 | 00:22:12 | 13.5 | 00:06:44 |
| 82 | 13 MICHAŁ Łoś | Łódź | Razem Trenujemy Sport | 00:10:55 | 00:11:01 | 00:21:56 | 00:22:14 | 13.5 | 00:06:44 |
| 83 | 255 ŚWIĄTCZAK Adam | Łódź | brak | 00:11:22 | 00:10:34 | 00:21:56 | 00:22:08 | 13.6 | 00:06:44 |
| 84 / 9 | 172 NIEWOLSKA Kinga | Łęczna | brak | 00:11:07 | 00:10:51 | 00:21:58 | 00:22:03 | 13.6 | 00:06:46 |
| 85 / 10 | 217 MYNC Angelika | Łódź | HTF Ludwik Sikorski | 00:11:14 | 00:10:45 | 00:22:00 | 00:22:20 | 13.4 | 00:06:47 |
| 86 | 130 TRZCIŃSKI Paweł | Rąbień AB | brak | 00:11:04 | 00:10:57 | 00:22:01 | 00:22:04 | 13.6 | 00:06:49 |
| 87 | 312 PRUBAN Łukasz | Łódź | brak | 00:10:40 | 00:11:21 | 00:22:02 | 00:22:06 | 13.6 | 00:06:49 |
| 88 | 223 KUBUS Marcin | Łódź | Gillette RUN | 00:11:00 | 00:11:09 | 00:22:10 | 00:22:43 | 13.2 | 00:06:57 |
| 89 / 11 | 6 DUCH Weronika | Opoczno | brak | 00:11:31 | 00:10:39 | 00:22:11 | 00:22:40 | 13.2 | 00:06:59 |

| Miejsce Nr | Nazwisko / Imię | Miejscowość | Klub/Drużyna | Okr. 1 | Okr. 2 | Czas sum. | Czas brutto | Vśr | Różnica |
|------------|---------------------------|--------------------|------------------------------|----------|----------|-----------|-------------|------|----------|
| 90 | 5 ANIELAK Mateusz | Łódź | brak | 00:11:31 | 00:10:40 | 00:22:11 | 00:22:41 | 13.2 | 00:06:59 |
| 91 | 237 POKRYSZKA Wojciech | Łódź | Decathlon CAR Łódź | 00:11:32 | 00:10:41 | 00:22:13 | 00:22:41 | 13.2 | 00:07:00 |
| 92 | 62 CZAJKOWSKI Tomasz | Łódź | Łódź Kocha Sport | 00:11:27 | 00:10:48 | 00:22:16 | 00:22:47 | 13.2 | 00:07:03 |
| 93 / 12 | 64 CZAJKOWSKA Sylwia | Łódź | Łódź Kocha Sport | 00:11:28 | 00:10:47 | 00:22:16 | 00:22:45 | 13.2 | 00:07:03 |
| 94 | 308 FRICKERT Karol | Łódź | brak | 00:11:08 | 00:11:10 | 00:22:18 | 00:22:45 | 13.2 | 00:07:06 |
| 95 | 57 MARCZYŃSKI Jerzy | Zgierz | brak | 00:11:01 | 00:11:22 | 00:22:24 | 00:22:58 | 13.1 | 00:07:12 |
| 96 | 213 POROS Maciej | Pabianice | brak | 00:11:28 | 00:10:59 | 00:22:28 | 00:23:03 | 13 | 00:07:16 |
| 97 | 285 FEDCHENKO Anton | Łódź | brak | 00:10:20 | 00:12:11 | 00:22:31 | 00:22:37 | 13.3 | 00:07:19 |
| 98 / 13 | 92 KOWALCZYK Magda | Łódź | Warriors Łódź | 00:11:34 | 00:10:59 | 00:22:33 | 00:22:59 | 13.1 | 00:07:21 |
| 99 / 14 | 289 STAŃCZYK Mariola | Aleksandrow łodzki | brak | 00:11:29 | 00:11:08 | 00:22:37 | 00:22:41 | 13.2 | 00:07:25 |
| 100 / 15 | 254 BANDEL Aneta | Łódź | brak | 00:11:34 | 00:11:03 | 00:22:38 | 00:23:10 | 12.9 | 00:07:25 |
| 101 | 282 FIJAŁKOWSKI Piotr | Łódź | brak | 00:11:22 | 00:11:16 | 00:22:39 | 00:22:52 | 13.1 | 00:07:27 |
| 102 | 112 MICHALAK Jacek | Łódź | KLARNETY | 00:11:26 | 00:11:15 | 00:22:41 | 00:23:11 | 12.9 | 00:07:29 |
| 103 | 106 MADEJ Rafał | Łódź | Razem Trenujemy Sport | 00:11:36 | 00:11:05 | 00:22:41 | 00:23:04 | 13 | 00:07:29 |
| 104 / 16 | 25 GRĄCKA Agnieszka | Łódź | ŁódźRunCrew/JakoTeam | 00:11:40 | 00:11:05 | 00:22:46 | 00:23:03 | 13 | 00:07:34 |
| 105 | 218 PIOTR Krawczyk | Bychlew | Gillette RUN | 00:11:29 | 00:11:17 | 00:22:47 | 00:23:20 | 12.9 | 00:07:35 |
| 106 | 267 KAŁUŻYŃSKI Michał | Łódź | brak | 00:11:10 | 00:11:45 | 00:22:55 | 00:23:00 | 13 | 00:07:43 |
| 107 | 63 GNIADZIK Michał | Łódź | brak | 00:11:42 | 00:11:21 | 00:23:04 | 00:23:17 | 12.9 | 00:07:52 |
| 108 / 17 | 2 CZUMA Aneta | Łódź | Rossmann | 00:11:24 | 00:11:40 | 00:23:05 | 00:23:11 | 12.9 | 00:07:52 |
| 109 / 18 | 286 MAŁOWIEJSKA Alicja | Zgierz | brak | 00:11:44 | 00:11:37 | 00:23:21 | 00:23:36 | 12.7 | 00:08:09 |
| 110 | 212 SZKUDLAREK Marcel | Łódź | brak | 00:11:39 | 00:11:42 | 00:23:21 | 00:23:35 | 12.7 | 00:08:09 |
| 111 / 19 | 278 ŁOPATKA Olga | Ludwików | brak | 00:11:41 | 00:11:44 | 00:23:26 | 00:23:35 | 12.7 | 00:08:14 |
| 112 / 20 | 314 LEWANDOWSKA Emilia | Łódź | brak | 00:11:59 | 00:11:39 | 00:23:38 | 00:23:59 | 12.5 | 00:08:26 |
| 113 / 21 | 8 FORYŚ Agnieszka | Łódź | ŁódźRunCrew/JakoTeam | 00:11:50 | 00:11:54 | 00:23:44 | 00:24:00 | 12.5 | 00:08:32 |
| 114 / 22 | 260 SZCZEPOCKA Aneta | Gomunice | AKTYWNI KAMIENSK | 00:12:05 | 00:11:47 | 00:23:52 | 00:24:01 | 12.5 | 00:08:40 |
| 115 | 259 SEWERYNEK Mariusz | Kamieńsk | AKTYWNI KAMIENSK | 00:12:05 | 00:11:47 | 00:23:53 | 00:24:02 | 12.5 | 00:08:41 |
| 116 / 23 | 47 PATURA Karolina Patura | Łódź | brak | 00:11:42 | 00:12:18 | 00:24:00 | 00:24:07 | 12.4 | 00:08:48 |
| 117 | 309 KAKOWSKI Radosław | Łódź | brak | 00:11:48 | 00:12:15 | 00:24:04 | 00:24:15 | 12.4 | 00:08:52 |
| 118 | 9 PAWLAK Jarosław | Łódź | brak | 00:12:44 | 00:11:25 | 00:24:09 | 00:24:42 | 12.1 | 00:08:57 |
| 119 | 43 DEMONTOWICZ Jarosław | Łódź | Łódź Kocha Sport | 00:12:16 | 00:11:54 | 00:24:11 | 00:24:42 | 12.1 | 00:08:58 |
| 120 | 129 PIETRZAK Maciek | Łódź | DeBeściaki | 00:12:03 | 00:12:17 | 00:24:20 | 00:24:36 | 12.2 | 00:09:08 |
| 121 | 228 JANICKI Łukasz | Łódź | Wataha - Łączy nas bieganie | 00:13:43 | 00:10:39 | 00:24:22 | 00:24:44 | 12.1 | 00:09:10 |
| 122 | 105 KULA Radosław | Łódź | HTF Ludwik Sikorski | 00:11:32 | 00:12:53 | 00:24:25 | 00:24:57 | 12 | 00:09:13 |
| 123 | 322 IMIŃSKI Cezary | Zgierz | brak | 00:12:51 | 00:11:38 | 00:24:30 | 00:24:42 | 12.1 | 00:09:17 |
| 124 | 170 KABAT Radosław | Łódź | Inowrocław biega | 00:12:50 | 00:11:39 | 00:24:30 | 00:25:07 | 11.9 | 00:09:18 |
| 125 | 234 MICHAŁ Przytarski | Stryków | ADA TEAM | 00:12:46 | 00:11:46 | 00:24:32 | 00:25:05 | 12 | 00:09:20 |
| 126 / 24 | 231 BRYKOWSKA Teresa | Pabianice | ADA TEAM | 00:12:45 | 00:11:48 | 00:24:34 | 00:25:08 | 11.9 | 00:09:22 |
| 127 | 238 ZAJDEL Andrzej | Łódź | brak | 00:12:45 | 00:11:49 | 00:24:34 | 00:25:06 | 11.9 | 00:09:22 |
| 128 | 155 GULA Tomasz | Łódź | RYSIOTEAM | 00:12:45 | 00:11:49 | 00:24:35 | 00:25:08 | 11.9 | 00:09:22 |
| 129 | 12 KOWALSKI Robert | Łódź | Razem Trenujemy Sport | 00:12:25 | 00:12:12 | 00:24:38 | 00:24:56 | 12 | 00:09:25 |
| 130 | 23 STRZELCZYK Ryszard | Łódź | RUN FUN | 00:12:48 | 00:11:52 | 00:24:41 | 00:25:18 | 11.9 | 00:09:29 |
| 131 | 305 NOWICKI Adrian | Łódź | Headline Runners | 00:11:48 | 00:12:59 | 00:24:47 | 00:24:54 | 12 | 00:09:34 |
| 132 | 177 KUBICKI Grzegorz | Łódź | HEINEKEN Kraków Running Club | 00:12:30 | 00:12:18 | 00:24:48 | 00:25:06 | 11.9 | 00:09:36 |
| 133 | 42 SOBALA Piotr | Łódź | brak | 00:12:20 | 00:12:33 | 00:24:53 | 00:25:03 | 12 | 00:09:41 |
| 134 / 25 | 287 BOBRYCKA Mariola | Łask | brak | 00:12:26 | 00:12:27 | 00:24:54 | 00:25:09 | 11.9 | 00:09:41 |
| 135 / 26 | 56 PASTWA Zuzanna | Łódź | brak | 00:12:17 | 00:12:40 | 00:24:57 | 00:25:26 | 11.8 | 00:09:45 |
| 136 | 34 HAJDUK Robert | Łódź | brak | 00:12:12 | 00:12:45 | 00:24:58 | 00:25:34 | 11.7 | 00:09:45 |
| 137 / 27 | 15 TRZEWIKOWSKA Paulina | Łódź | #happyrunners | 00:13:16 | 00:11:43 | 00:25:00 | 00:25:27 | 11.8 | 00:09:48 |
| 138 / 28 | 46 PODDĘBNIAK Justyna | Łódź | Joosta'75 | 00:12:17 | 00:13:02 | 00:25:20 | 00:25:30 | 11.8 | 00:10:07 |
| 139 / 29 | 80 KOCIK Agnieszka | Łódź | Razem Trenujemy Sport | 00:12:42 | 00:12:50 | 00:25:33 | 00:25:51 | 11.6 | 00:10:21 |
| 140 | 78 KOCIK Adam | Łódź | Razem Trenujemy Sport | 00:12:43 | 00:12:51 | 00:25:34 | 00:25:51 | 11.6 | 00:10:22 |
| 141 / 30 | 76 ELŻBIETA Madej | Łódź | brak | 00:12:58 | 00:12:43 | 00:25:41 | 00:26:03 | 11.5 | 00:10:29 |
| 142 / 31 | 232 KOPCZYŃSKA Katarzyna | Łódź | brak | 00:12:43 | 00:13:07 | 00:25:51 | 00:25:55 | 11.6 | 00:10:38 |
| 143 | 291 BAMBERSKI Radosław | Łódź | brak | 00:12:58 | 00:12:53 | 00:25:52 | 00:26:26 | 11.3 | 00:10:39 |

| Miejsce | Nr | Nazwisko / Imię | Miejscowość | Klub/Drużyna | Okr. 1 | Okr. 2 | Czas sum. | Czas brutto | Vśr | Różnica |
|---------|----------|-------------------------------------|---|-----------------------------|----------|----------|-----------|-------------|------|----------|
| 144 | / 32 85 | KAŹMIERSKA Patrycja | Sanniki | brak | 00:12:27 | 00:13:28 | 00:25:56 | 00:26:05 | 11.5 | 00:10:44 |
| 145 | / 33 303 | KOLASIŃSKA Katarzyna | Łask | brak | 00:12:56 | 00:13:00 | 00:25:56 | 00:26:01 | 11.5 | 00:10:44 |
| 146 | 118 | MENCEL Piotr | Łódź | brak | 00:13:04 | 00:13:01 | 00:26:05 | 00:26:39 | 11.3 | 00:10:53 |
| 147 | 52 | WIECZOREK Piotr | Łódź | RUN FLY TEAM | 00:12:57 | 00:13:09 | 00:26:07 | 00:28:22 | 10.6 | 00:10:54 |
| 148 | 54 | PILARSKI Marek | Łódź | brak | 00:13:03 | 00:13:12 | 00:26:16 | 00:26:26 | 11.3 | 00:11:03 |
| 149 | / 34 53 | MARCZYŃSKA Anna | Zgierz | brak | 00:13:04 | 00:13:12 | 00:26:16 | 00:26:25 | 11.4 | 00:11:04 |
| 150 | / 35 45 | SIENKIEWICZ Anna | Łódź | Łódź Kocha Sport | 00:12:47 | 00:13:31 | 00:26:18 | 00:26:33 | 11.3 | 00:11:06 |
| 151 | 125 | POŁUDNIKIEWICZ Piotr | Łódź | DeBeściaki | 00:13:15 | 00:13:09 | 00:26:25 | 00:26:39 | 11.3 | 00:11:12 |
| 152 | / 36 14 | KOBIEŃSKA Karolina | Łódź | brak | 00:13:04 | 00:13:22 | 00:26:26 | 00:26:39 | 11.3 | 00:11:14 |
| 153 | / 37 126 | JOANNA Szymczak | Łódź | brak | 00:13:15 | 00:13:11 | 00:26:27 | 00:26:39 | 11.3 | 00:11:15 |
| 154 | / 38 245 | ZDANOWICZ Paulina | Łódź | brak | 00:13:02 | 00:13:26 | 00:26:29 | 00:26:41 | 11.2 | 00:11:17 |
| 155 | / 39 292 | GONERA Wiktoria | Łódź | brak | 00:13:01 | 00:13:28 | 00:26:29 | 00:26:58 | 11.1 | 00:11:17 |
| 156 | 246 | ZDANOWICZ Przemysław | Łódź | brak | 00:13:03 | 00:13:26 | 00:26:30 | 00:26:42 | 11.2 | 00:11:17 |
| 157 | / 40 101 | NATALIA Lara | Łódź | Warriors Łódź | 00:13:14 | 00:13:23 | 00:26:38 | 00:27:05 | 11.1 | 00:11:25 |
| 158 | 114 | DUDZIŃSKI Piotr | Łódź | Razem Trenujemy Sport | 00:13:27 | 00:13:13 | 00:26:40 | 00:26:57 | 11.1 | 00:11:28 |
| 159 | / 41 59 | BECK Alicja | Łódź | brak | 00:13:06 | 00:13:41 | 00:26:48 | 00:27:01 | 11.1 | 00:11:36 |
| 160 | 61 | KALETA Marcin | Łódź | brak | 00:12:31 | 00:14:17 | 00:26:48 | 00:27:01 | 11.1 | 00:11:36 |
| 161 | / 42 280 | BORKOWSKA Anna | Aleksandrów Łódzki | Trenuj z Malichą | 00:13:14 | 00:13:38 | 00:26:53 | 00:27:18 | 11 | 00:11:40 |
| 162 | / 43 199 | JOANNA Wyczółkowska | Łódź | brak | 00:14:21 | 00:12:59 | 00:27:21 | 00:27:45 | 10.8 | 00:12:09 |
| 163 | 198 | GRZEGORZ Kacprzak | Konstantynów Łódzki | brak | 00:14:22 | 00:12:59 | 00:27:22 | 00:27:45 | 10.8 | 00:12:09 |
| 164 | / 44 107 | KORC Anna | 95-070 Aleksandrów Łódzki, ul. 11-go Listopada 49 | SASKA TEAM | 00:13:19 | 00:14:07 | 00:27:26 | 00:27:51 | 10.8 | 00:12:14 |
| 165 | 104 | OCHOCKI Łukasz | Łódź | BIEGNIĘTE LASKI | 00:13:43 | 00:13:45 | 00:27:28 | 00:27:54 | 10.7 | 00:12:15 |
| 166 | 17 | KRAJEWSKI Michał | Łódź | brak | 00:13:48 | 00:13:40 | 00:27:29 | 00:27:41 | 10.8 | 00:12:17 |
| 167 | / 45 89 | OCHOCKA Ewa | Łódź | BIEGNIĘTE LASKI | 00:13:44 | 00:13:45 | 00:27:29 | 00:27:54 | 10.7 | 00:12:17 |
| 168 | / 46 227 | ROKICKA Paulina | Łódź | Wataha - Łączy nas bieganie | 00:13:43 | 00:13:49 | 00:27:32 | 00:27:54 | 10.7 | 00:12:20 |
| 169 | / 47 153 | GREZEL Marzena | Łódź | #happyrunners | 00:14:15 | 00:13:21 | 00:27:36 | 00:28:08 | 10.7 | 00:12:24 |
| 170 | 75 | KARWACKI Sebastian | Łódź | Wataha - Łączy nas bieganie | 00:14:15 | 00:13:22 | 00:27:38 | 00:28:10 | 10.6 | 00:12:26 |
| 171 | 301 | IWAŃCZYK Rafał | Dobieszków | brak | 00:13:49 | 00:13:49 | 00:27:38 | 00:28:16 | 10.6 | 00:12:26 |
| 172 | / 48 300 | CYZOWSKA Aleksandra | Łódź | brak | 00:13:49 | 00:13:51 | 00:27:41 | 00:28:16 | 10.6 | 00:12:28 |
| 173 | / 49 88 | WOJNO Małgorzata | Łódź | Droga Do Ultra | 00:13:39 | 00:14:04 | 00:27:44 | 00:28:04 | 10.7 | 00:12:32 |
| 174 | / 50 192 | MICHERDZIŃSKI Michał | Łódź | brak | 00:14:19 | 00:13:26 | 00:27:46 | 00:28:10 | 10.6 | 00:12:33 |
| 175 | / 51 191 | RZĘTKIEWICZ Joanna | Łódź | brak | 00:14:19 | 00:13:26 | 00:27:46 | 00:28:09 | 10.7 | 00:12:33 |
| 176 | / 52 307 | GRODZIŃSKA-NOWICKA Katarzyna | Łódź | Headline Runners | 00:13:11 | 00:14:34 | 00:27:46 | 00:27:54 | 10.7 | 00:12:34 |
| 177 | 268 | MARCIN Kiciak | Emilia | brak | 00:14:23 | 00:13:38 | 00:28:02 | 00:28:16 | 10.6 | 00:12:50 |
| 178 | / 53 108 | BARDZEL Justyna | Łódź | brak | 00:14:04 | 00:14:02 | 00:28:06 | 00:28:36 | 10.5 | 00:12:54 |
| 179 | / 54 138 | ATTIYA Lidia | Łódź | KLARNETY | 00:14:04 | 00:14:03 | 00:28:07 | 00:28:36 | 10.5 | 00:12:55 |
| 180 | 247 | BUCZKOWSKI Mateusz | Łódź | brak | 00:13:36 | 00:14:31 | 00:28:07 | 00:28:34 | 10.5 | 00:12:55 |
| 181 | 169 | SZWARC Daniel | Łódź | brak | 00:13:26 | 00:14:42 | 00:28:08 | 00:28:27 | 10.5 | 00:12:56 |
| 182 | / 55 90 | WOJCIECHOWSKA Karina | Łódź | Rossmann | 00:13:32 | 00:15:10 | 00:28:43 | 00:28:52 | 10.4 | 00:13:30 |
| 183 | / 56 205 | KLAUDIA Stolińska | Łódź | brak | 00:13:55 | 00:14:48 | 00:28:44 | 00:28:59 | 10.3 | 00:13:31 |
| 184 | / 57 21 | BIELAWSKA Julia | Łódź | Razem Trenujemy Sport | 00:14:36 | 00:14:17 | 00:28:54 | 00:29:14 | 10.3 | 00:13:42 |
| 185 | 283 | PODSEDEK Czesław | Łódź | brak | 00:14:20 | 00:14:38 | 00:28:58 | 00:29:46 | 10.1 | 00:13:46 |
| 186 | / 58 19 | MIKULSKA Agnieszka | Łódź | Razem Trenujemy Sport | 00:14:37 | 00:14:21 | 00:28:59 | 00:29:18 | 10.2 | 00:13:46 |
| 187 | 95 | KOMOROWSKI Aleksander | Łódź | brak | 00:14:35 | 00:14:45 | 00:29:21 | 00:29:49 | 10.1 | 00:14:08 |
| 188 | / 59 91 | JOANNA Zimińska | Łódź | #happyrunners | 00:14:31 | 00:14:49 | 00:29:21 | 00:29:48 | 10.1 | 00:14:08 |
| 189 | / 60 311 | KOWALSKA Katarzyna | Kielce | brak | 00:13:51 | 00:15:31 | 00:29:23 | 00:29:28 | 10.2 | 00:14:10 |
| 190 | / 61 274 | MAJ Kamila | Łódź | brak | 00:15:26 | 00:14:10 | 00:29:37 | 00:30:28 | 9.8 | 00:14:25 |
| 191 | / 62 180 | SŁAWSKA-BONIECKA Izabela | Łódź | ŁódźRunCrew/JakoTeam | 00:14:44 | 00:15:02 | 00:29:47 | 00:30:19 | 9.9 | 00:14:34 |
| 192 | / 63 344 | PABJANEK Sandra | Łódź | LUZAKI na Fantazji | 00:14:53 | 00:15:03 | 00:29:56 | 00:30:19 | 9.9 | 00:14:44 |

| Miejsce Nr | Nazwisko / Imię | Miejscowość | Klub/Drużyna | Okr. 1 | Okr. 2 | Czas sum. | Czas brutto | Vśr | Różnica |
|------------|--------------------------------------|-------------|-----------------------------|----------|----------|-----------|-------------|-----|----------|
| 193 | 203 GRAD Jakub | Łódź | Razem Trenujemy Sport | 00:14:30 | 00:15:35 | 00:30:05 | 00:30:27 | 9.8 | 00:14:53 |
| 194 | 248 TOMASZEWSKI Mateusz | Łódź | Razem Trenujemy Sport | 00:14:33 | 00:15:38 | 00:30:12 | 00:30:28 | 9.8 | 00:14:59 |
| 195 / 64 | 81 ROGUT Katarzyna | Rąbień AB | AGB TORFY | 00:14:36 | 00:15:58 | 00:30:34 | 00:31:01 | 9.7 | 00:15:21 |
| 196 | 230 MAKOWSKI Robert | Łódź | Wataha - Łączy nas bieganie | 00:15:27 | 00:15:07 | 00:30:34 | 00:31:12 | 9.6 | 00:15:22 |
| 197 / 65 | 186 WLAZŁO Anna | Łódź | brak | 00:15:08 | 00:15:27 | 00:30:36 | 00:30:44 | 9.8 | 00:15:24 |
| 198 | 82 SZYMAŃSKI Rafał | Łódź | Wataha - Łączy nas bieganie | 00:15:30 | 00:15:15 | 00:30:45 | 00:31:09 | 9.6 | 00:15:33 |
| 199 / 66 | 229 MAKOWSKA Anna | Łódź | Wataha - Łączy nas bieganie | 00:15:35 | 00:15:12 | 00:30:47 | 00:31:11 | 9.6 | 00:15:34 |
| 200 | 345 JEZIERSKI Patryk | Łódź | Łódź Kocha Sport | 00:15:49 | 00:16:02 | 00:31:51 | 00:32:21 | 9.3 | 00:16:39 |
| 201 / 67 | 29 MICOR Jolanta | Łódź | #happyrunners | 00:15:49 | 00:16:27 | 00:32:17 | 00:32:47 | 9.1 | 00:17:05 |
| 202 / 68 | 181 CHALCIŃSKA Małgorzata | Łódź | brak | 00:15:23 | 00:17:11 | 00:32:34 | 00:33:01 | 9.1 | 00:17:22 |
| 203 / 69 | 164 WANDACHOWICZ Ewa | Łódź | Łódź Kocha Sport | 00:15:24 | 00:17:11 | 00:32:35 | 00:33:02 | 9.1 | 00:17:23 |
| 204 | 28 ZIĘBA Damian | Łódź | Razem Trenujemy Sport | 00:16:08 | 00:16:29 | 00:32:37 | 00:32:51 | 9.1 | 00:17:25 |
| 205 / 70 | 26 ZIĘBA Magdalena | Łódź | Razem Trenujemy Sport | 00:16:08 | 00:16:29 | 00:32:37 | 00:32:52 | 9.1 | 00:17:25 |
| 206 | 189 FILIP Marcin | Łódź | Razem Trenujemy Sport | 00:14:34 | 00:18:05 | 00:32:39 | 00:32:57 | 9.1 | 00:17:27 |
| 207 / 71 | 264 DOMIŃSKA Aneta | Łódź | brak | 00:14:33 | 00:18:06 | 00:32:40 | 00:32:57 | 9.1 | 00:17:27 |
| 208 | 302 ŁUCZYŃSKI Maciej | Łódź | brak | 00:16:09 | 00:16:55 | 00:33:04 | 00:33:57 | 8.8 | 00:17:52 |
| 209 / 72 | 175 ROŻNIATA Dorota | Łódź | brak | 00:16:25 | 00:17:10 | 00:33:36 | 00:33:57 | 8.8 | 00:18:23 |
| 210 / 73 | 151 TOMASIK Anna | Łódź | brak | 00:17:13 | 00:17:37 | 00:34:51 | 00:35:25 | 8.5 | 00:19:39 |
| 211 | 94 STANEK Dominik | Łódź | #happyrunners | 00:16:24 | 00:18:35 | 00:34:59 | 00:35:58 | 8.3 | 00:19:47 |
| 212 / 74 | 119 MENCEL Natalia | Łódź | brak | --- | | --- | 00:28:11 | 5.3 | -1 okr. |
| 213 / 75 | 195 STĘPIEŃ Agnieszka | Łódź | brak | 00:17:07 | | 00:17:07 | 00:17:31 | 8.6 | -1 okr. |

| | | |
|----------------------|-----|---|
| Ukończyło: | 213 | Przygotowanie i Pomiar czasu: ProTimer (www.ProTimer.pl), Wydrukowano 2024-09-14 |
| Wystartowało: | 213 | |
| Zapisało się: | 317 | |